



Northland Pain Consultants

Pre-procedure instructions

Name _____ Date _____ Time _____

Procedure _____

Please arrive 30 minutes prior to your procedure.

Please call us at 816-407-7090 if you have questions or need to reschedule your procedure.

Important Medication instructions:

- If you are taking blood thinners you will need to stop these prior to any procedure.
- For **Coumadin**, you will need to stop taking this for 5 days before having your procedure. A PT/INR should be ordered by your physician to ensure the Coumadin has been reversed.
 - You can have your blood work drawn on the day before your scheduled procedure and have the results faxed to us at **(816)**.
- For **Plavix, Persantine, Aggrenox, Trental** or **Arixtra**, you will need to stop taking them for 7 days before having your procedure.
- Please take your usual medications in the morning unless otherwise instructed.

Morning of Appointment:

- You may have a light meal the morning of your appointment if no sedation is anticipated.
- If sedation is anticipated or desired for your procedure, we ask that you not eat 4 hours prior to your procedure with no liquids 2 hours before your appointment.
- Please bring someone to drive you home after your injection if it's your first time receiving treatment. If you have had an injection in the past without any post procedure complaints then we will allow you to drive home. If you receive sedation or don't feel well, **you will not be allowed to drive yourself home**. It is always a good idea to have someone available for transportation.
- If you have any questions related to your condition or your procedure after discharge, you may call the pain clinic between 8:00 am and 4:00 pm Monday-Friday at 816-407-7090. **For emergencies after hours and weekends**, call the Anesthesiologist on Call at Liberty Hospital at **816-781-7200**.